

# **ASPEN Member Update Advertising Rate Card**

Member Update is an e-newsletter that goes out to all opt-in ASPEN members on the third Friday of each month.

There is one sponsored ad or article in each issue.

### Ad Options in e-Newsletter

550 x 100 ad: \$4,000

Featured Content article: \$4,000

**5,250** Opt-in Recipients

**44%** Open rate

5% Click-through rate

**24%** Forward rate

## **Ad Specifications**

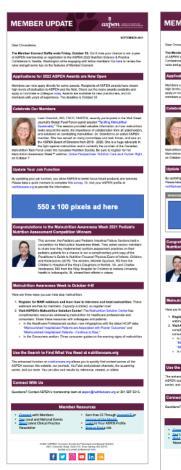
Creative is due 7 business days before the release of the newsletter. Submitted creative is subject to approval by ASPEN.

#### 550 x 100 Ad

- File size: 40k
- File format: Jpg, gif
- Border, if needed: 1 px
- Animated gifs are permitted but only the first frame will display for many email clients.
  Please ensure the first frame has brand name and call to action.

#### **Contact Information**

Valerie Mickiewicz Manager, Organizational Growth valeriem@nutritioncare.org





#### **Sponsored Content**

- Title: Maximum 55 characters including spaces
- Description: 320 characters including spaces
- Optional Image: 100 × 110 pixels