

WHEREAS, nutrition status is a direct measure of health, and good nutrition can keep people healthy throughout the lifespan; and

WHEREAS, inadequate or unbalanced nutrition, also known as malnutrition, is prevalent in many groups, including hospitalized patients and low-income individuals, with older adults having the highest rates of malnutrition; and

WHEREAS, malnutrition be caused by disease or illness or by inadequate nutrient intake, and can lead to complications and impact patient health outcomes when recovering from injury, surgery, illness, or disease; and

WHEREAS, up to half of patients in hospitals are either malnourished or at risk for malnutrition, though many are undiagnosed, which can complicate recovery, lengthen hospitalization, and increase healthcare costs; and

WHEREAS, nutrition is a human right and a driver of health, and malnutrition is intensified by discriminatory policies, economic disparities, food insecurity, and social isolation.

NOW, THEREFORE, I, Katie Hobbs, Governor of the State of Arizona, do hereby proclaim September 16 - 20, 2024, as

ARIZONA MALNUTRITION AWARENESS WEEK

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Arizona

COVEDNOD

DONE at the Capitol in Phoenix on this thirteenth day of August in the year Two Thousand and Twenty-Four and of the Independence of the United States of America the Two Hundred and Forty-Ninth.

ATTEST:

SECRETARY OF STATE