



THE STATE OF TEXAS

GOVERNOR



*To all to whom these presents shall come,
Greetings: Know ye that this official recognition is presented
to all observing*

Malnutrition Awareness Week

September 16–20, 2024

Access to a nutrient-rich diet is essential to maintaining good health. Unfortunately, Texans across the state face insufficient or unbalanced nourishment. This leads to malnutrition, a medical condition common among hospitalized patients, those living in food-insecure households, older adults, and minority populations. Malnutrition can lead to a variety of health problems, such as fatigue and dizziness, and it can also increase the risk of chronic illnesses such as diabetes, kidney disease, cancer, and cardiovascular disease.

In Texas, we know that it is not our challenges that define us, but rather how we rise above them. Thanks to the dedicated work of many organizations, state agencies, and medical professionals, residents of the Lone Star State are raising greater awareness and combating malnutrition. A week in September is devoted to raising awareness for those facing malnutrition and to ensuring that crucial resources are devoted to this important public health matter.

At this time, I commend you on your efforts to shed light on the dangers of malnutrition and to support affected populations and patients. It is through diligent education, planning, and collaboration that we can minimize the impact of malnutrition and improve the health and quality of life for all Texans.

First Lady Cecilia Abbott joins me in encouraging all Texans to observe Malnutrition Awareness Week with befitting programs and activities.



In testimony whereof, I have signed my name and caused the Seal of the State of Texas to be affixed at the City of Austin this the 24th day of June, 2024.

Greg Abbott

Greg Abbott
Governor of Texas