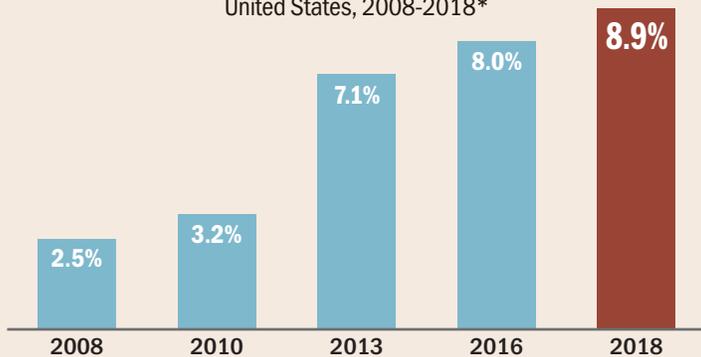


WITH  
2018  
HCUP  
DATA

# MALNOURISHED HOSPITALIZED PATIENTS

## CONTINUE TO RISE

Prevalence of Malnutrition Diagnoses in Discharged Patients  
United States, 2008-2018\*



\*Years 2008-2010 were all hospital discharges, 2013-2018 were non-maternal, non-neonatal hospital discharges.



**2.5 MILLION**  
Hospital Stays Involved  
Malnutrition

30-day Readmissions Are

**1.4X HIGHER**

In Patients With Malnutrition as  
Compared to Patients With  
No Malnutrition



## MALNUTRITION IS MORE PREVALENT AMONG

### OLDER AMERICANS

Malnutrition is  
**1.7x More Prevalent**  
In Those Aged 85+  
Than Other Age Categories

Almost 60% of All  
Malnutrition Diagnoses  
Are in Older Adults



### AFRICAN AMERICANS

**393,475** Malnourished  
Patients Were African American



### LOWEST INCOME COMMUNITIES

**749,405** Malnourished  
Patients Were From  
Low Income Communities



## THOSE WITH MALNUTRITION ARE

**3.4x**  
**MORE LIKELY**

To Have In-Hospital Death



**2.2x MORE LIKELY**  
To Be Admitted with a  
Serious Infection

Admitted From the  
Emergency Department at a

**12%**  
**HIGHER RATE**



HELP STOP MALNUTRITION: [nutritioncare.org/malnutrition](https://nutritioncare.org/malnutrition)

Based on 2018 HCUP data.

Guenther P, Abdelhadi R, Anthony P, et al. Malnutrition diagnoses and associated outcomes in hospitalized patients: United States 2018.

Nutr Clin Pract. 2021 <https://doi.org/10.1002/ncp.10771>

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